



# Sexuality and Relationships



EasyRead version



We asked you some questions before about family and friends.



Some of the answers said we should do more to support people around sex, sexuality and relationships.



So, we now have some more questions to help us to support you better with these things.



It would be great if you could answer the questions and please remember that all your answers will be kept very private. You do not have to use your name.



We understand if you don't want to answer.



1. Are you able to keep your private life as private as you want it to be?



Yes

No



**Real Life Options**  
a real choice | a real voice | a real difference



If No, what can Real Life Options do to help?



2. Do you get support to have privacy or a personal place to go to if you want to?



Yes

No



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If No, what can Real Life Options do to help?



3. If you have a boyfriend or girlfriend do you get the support and information you need when you ask for it?



Yes

No





If No, what can Real Life Options do to help and what information would you like?



4. Some people are attracted to people of the same sex and some people are attracted to people of the opposite sex. This is called “**sexuality**”.

Would you like information to help you to understand this?



Yes

No



If yes, what can Real Life Options do to help?



5. Can you talk to staff about any problems or difficulties with your girlfriend or boyfriend?



Yes

No



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If No, what can Real Life Options do to help?



6. Do you need any help or information about “safe sex”?



Yes

No



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If Yes, what can Real Life Options do to help?



Thank you for filling in your answers to the questions above.



If you would like to help decide on topics or questions for our future surveys, please tell your service manager, who will forward your name and contact details to the My Voice Team.



## Credits

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