## Real Life Options

a real choice | a real voice $\mid$ a real difference


## Real Life Options

 People We Support Survey April 2019EasyRead version

We ask people we support to tell us what they think about Real Life Options.

We ask people to tell us so that we know how to support you better.

YEAR
February 2019

## Real Life Options



Many people are happy with the support they receive - 97 percent
Many people think that Real Life Options does a good job-95 percent


Some people want more control to make decisions and choices - 16 percent. We will work harder to support this.


Thank you
David Sargent - Chief Executive Officer

We collected all the answers over 12 months to February 2019.

## Survey Questions and Results



## A. Friends and Family

1. I can keep in touch with and spend time with the people who are important to me.


Sometimes

No

10 percent
88 percent

2 percent

2. I get the support I need to keep in touch with and spend time with the people who are important to me.

Yes
93 percent

Sometimes

No

6 percent

1 percent


## B. Feeling Safe

## 1. I feel safe.

Yes

Sometimes

No

91 percent

8 percent

1 percent

2. I get the support I need to feel safe.

Yes
98 percent

Sometimes

No
2 percent

0 percent


## C. Health

1. I feel healthy and well.

2. I am supported to feel healthy and well.

Yes
93 percent

Sometimes

No
7 percent

0 percent

3. I get the support that I need to access health services.


## D. My home

1. I feel comfortable living in my home.

Yes

Sometimes

No

94 percent

5 percent

1 percent

2. I get on well with the people I share my home with.

Yes
88 percent

Sometimes

No

## 11 percent

1 percent

3. I get the support that I need to keep my home the way I like it.

Yes

96 percent

Sometimes
3 percent

No
1 percent


## E. Activities

1. I do the things that are important to me.


Yes
94 percent

Sometimes

No

6 percent

0 percent

2. I get the support that I need to do the things that are important to me.


Yes
92 percent

Sometimes

No
8 percent
3. I get the opportunity to try new things.

Yes

Sometimes

No

84 percent
15 percent

1 percent
F. Money

1. I get the support that I need to manage my money.

Yes
97 percent

Sometimes

No
3 percent

0 percent


## G. Happiness

1. If I am unhappy, I can tell someone who will listen.


No
93 percent

Sometimes

1 percent

2. If I am unhappy, I get the support I need.

Yes
93 percent

Sometimes

No
6 percent

1 percent


## H. Choice and control

1. I make decisions and choices about my life.

> Yes

84 percent

Yes
14 percent

No
2 percent
2. I get the support that I need to make decisions and choices about my life.

Yes
89 percent

Sometimes

No
9 percent

2 percent

3. I make decisions and choices about my support.

Yes
79 percent

Sometimes

No
17 percent

4 percent


## J. Staff who support me

1. Staff listen to me.


Yes
94 percent

Sometimes

No
0 percent

2. Staff treat me well.


Sometimes

No

96 percent

4 percent

0 percent

3. Staff are friendly.


Yes

## 98 percent

Sometimes

2 percent

No
0 percent

4. Staff are approachable.

Yes
98 percent

Sometimes
2 percent

No
0 percent

5. Staff know me well.


Yes
97 percent

## Sometimes

2 percent

No
1 percent

6. I choose who supports me.


Yes
66 percent

Sometimes

No
23 percent

11 percent

7. Staff do what they say they will do

Yes

Sometimes

No

92 percent

8 percent

0 percent


## K. Overall

1. I am happy with the support I receive.


Yes
97 percent

Sometimes
3 percent

No
0 percent

2. This organisation does a good job.


Yes
95 percent

Sometimes

No
5 percent

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