



My Voice Wellbeing Survey – Feeling Safe

In one of the last surveys we asked you to do, some people answered about feeling safe in their home and we wanted to get a better understanding of what this meant to people.

Also, every year Real Life Options Group complete a Safeguarding report called CSASP (Corporate Safeguarding - Adult Support and Protection). This report is about how Real Life Options Group keep the people we support safe. This year we are looking to include the thoughts, feelings and ideas of the people supported by Real Life Options services.

Thank you for taking part, your feedback is very important in shaping how Real Life Options keeps you safe.

Section 1

1) Which Real Life Options service supports you?

Section 2

Feeling Safe

In this section we want to talk about what support you get to feel safe.

2) I am supported to feel safe.

- Always
- Sometimes
- Rarely
- Never



3) I am supported to know my rights.

- Always
- Sometimes
- Rarely
- Never



4) I am supported to recognise harm or abuse.

- Always
- Sometimes
- Rarely
- Never



5) I am supported to know how to keep other people safe.

- Always
- Sometimes
- Rarely
- Never

Section 3

When things go wrong

In this section we would like to find out if you know what to do if things go wrong.

6) My support involves my guardian, family or advocate when needed.

- Always
- Sometimes
- Rarely
- Never



7) I feel listened to.

- Always
- Sometimes
- Rarely
- Never

8) Who would I tell if I was unhappy with my support?.

- Manager
- Deputy Manager / Team Coordinator
- Shift Leader / Senior
- Support workers
- I don't know
- Other



9) I want to complain about the support I receive, I know who to contact.

- Yes
- No



Thank you for taking part.

This form came from:
Real Life Options
David Wandless House
A1 Business Park
Knottingley
West Yorkshire
WF11 0BU
www.reallifeoptions.org